

Martorana, S. (2023) “The Women and the Sea: The Subjective Seascape in Ovid’s *Heroides*”, in R. Clare and H. Williams (eds), *The Ancient Sea: The Utopian and Catastrophic in Classical Narratives and their Reception*, Liverpool, Liverpool University Press, 165-80.

This book chapter explores the representation of the sea in Ovid’s *Heroides* through ecocritical and posthuman lenses. By focusing on selected case studies, including Penelope (*Her.* 1), Phyllis (*Her.* 2), Dido (*Her.* 7), Ariadne (*Her.* 10), and Sappho (*Her.* 15), it argues that the sea is constructed both as a space of subjectivization and as an articulation of the heroines’ feelings. Provided with agency and humanized, the sea enhances the heroines’ distress and at the same time consoles them, as well as contributing to their rhetorical strategies.